

LICENSURE/CERTIFICATION

2001-Present CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS
BOARD OF BEHAVIORAL SCIENCES
Licensed Marriage and Family Therapist (MFC 38488)

2001-Present ASSOCIATION FOR PLAY THERAPY
Registered Play Therapist (2001), Registered Play Therapist-Supervisor (2008)

PROFESSIONAL EXPERIENCE

2001-Present SUSAN KELSEY, MFT, RPT-S-PRIVATE PRACTICE: Costa Mesa & Fremont, CA
Child and Adolescent Psychotherapist
Provide psychological evaluation and psychotherapy to children, adolescents, and families as an independent, private practice psychotherapist. Specialize in working with children from birth through eighteen using play therapy and traditional strategies for a variety of issues including anxiety, depression, trauma, ADHD, PTSD, anger, adjustment disorders, divorce, grief, behavioral problems, pervasive development disorders, etc. Website: www.susankelseymft.com

2000-2002 DR. DUGGAN AND ASSOCIATES: Long Beach, CA
Psychotherapist
Provide psychological evaluation and psychotherapy to children, adolescents, and adults. Issues include ADHD, adjustment to family changes, divorce, and other traumatic life events, substance abuse, depression, anger, defiance, acting out, and school academic and behavioral problems. Utilize play therapy techniques in addition to cognitive-behavioral strategies. Provide individual, couples, and family psychotherapy. Website: www.drdugganandassociates.com

INTERNSHIPS

1999-2000 COMMUNITY FAMILY GUIDANCE CENTER: Cerritos, CA
Outpatient Therapist/MFT Intern
Provided counseling to children, adolescents, and their families representing various cultural backgrounds. Diagnoses included PTSD, ADHD, depressive disorders, Conduct Disorder, Oppositional-Defiant Disorder, and Pervasive Developmental Disorders. Provided individual, conjoint, child, and family therapy.

1998-2000 PARAMOUNT UNIFIED SCHOOL DISTRICT
Counseling Assistant/MFT Student Intern
Provided school based counseling services to children from grades K-8
Foster Youth Counselor/MFT Intern
Provided weekly counseling sessions to children in foster care
School Counselor/MFT Intern
Provide school counseling services to a local catholic K-8 school, as directed by the Paramount Unified School District

EDUCATION

2000-2001	UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENDED STUDIES Play Therapy Certificate (GPA = 4.0)
1997-1999	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Master of Science, Counseling/Marriage and Family Counseling (GPA = 4.0)
1987-1994	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Bachelor of Arts, Neuroscience (<i>Cum Laude</i>)

PROFESSIONAL MEMBERSHIPS

1997-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Clinical Member Website: www.camft.org</i>
2003-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <i>Clinical Member. Website www.occamft.org</i>
1999-Present	ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: www.a4pt.org</i>
1999-Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: www.calapt.org</i>

BOARDS OF DIRECTORS/COMMITTEES/ADVISORY BOARDS

2003-2016	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS ORANGE COUNTY CHAPTER <i>Board of Directors 2003-2016, Treasurer 2014-2016, Past-President, 2008-2010</i>
2018-2023	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS EAST BAY CHAPTER <i>Board of Directors 2018-Present, President 2019, Treasurer 2021-2022</i>
2005-2006	CALIFORNIA ASSOCIATION FOR PLAY THERAPY - ORANGE COUNTY CHAPTER <i>Founding Member, Past-President 2005-2007</i>
Various	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Former Board Member-at-Large, Current Audit Committee Member, Chapter Leadership Committee</i>
Various	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Former Board Member-at-Large; Treasurer, 2016-2017</i>
2005-2011	ARGOSY UNIVERSITY <i>Advisory Board Member</i>
1995-2003	JONATHAN JAQUES CHILDREN'S CANCER CENTER <i>Advisory Board Member</i>

MEDIA

Interviewed on "Daybreak OC" morning television news "Smart Toys to Buy Your Kids for the Holidays", December 21, 2007 (two separate interviews for two separate broadcasts)

TEACHING EXPERIENCE

- 2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO
Adjunct Professor, UCSD Extension, Play Therapy Certificate Program
- 2006 ARGOSY UNIVERSITY
Adjunct Professor, "Counseling Children and Adolescents"
- 1994-1996 LONG BEACH UNIFIED SCHOOL DISTRICT
Substitute Teacher. K-8
- 1994-1995 CERRITOS COLLEGE SUMMER SCIENCE WORKSHOPS
"Neuroscience for Kids"

PROFESSIONAL VOLUNTEER ACTIVITIES

- 2022-Present ASSISTANCE LEAGUE OF AMADOR VALLEY, *Board of Directors (Budget & Finance)*
- 2007-2015 COMFORT ZONE CAMP, *Healing Circle Leader*
Facilitated groups for grieving children (7-17) at 3 day weekend camps (about 15 camps)
Website: www.comfortzonecamp.org

PUBLICATIONS

BOOKS:

Therapy Has Gone to the Dogs, Create Space Publishing Company, 2013

If I Were a Superhero, Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques, ed. Liana Lowenstein, MSW, pg. 32

MAGAZINE ARTICLES:

- Kelsey, S. (2013, May). Unappreciated Mom, *Parenting Orange County* "Ask the Experts," 16
- Kelsey, S. (2012, December). Dieting Habits in Children *Parenting Orange County* "Ask the Experts," 20-24
- Kelsey, S. (2012, November). When a Grandparent Has Alzheimer's *Parenting OC* "Ask the Experts," 21-22
- Kelsey, S. (2012, October). Scary Dreams and Nightmares *Parenting Orange County* "Ask the Experts," 19-20
- Kelsey, S. (2012, August). Succeeding Through Failure *Parenting Orange County* "Ask the Experts," 14-15
- Kelsey, S. (2012, June). Bikini's for 'Tweens? *Parenting Orange County* "Ask the Experts," 16
- Kelsey, S. (2012, April). Is Your Child a Bully? *Parenting Orange County* "Ask the Experts," 18-19
- Kelsey, S. (2012, February). Life with a New Baby *Parenting Orange County* "Ask the Experts," 13
- Kelsey, S. (2011, June). Discipline Decisions, *Parenting Orange County* "Ask the Experts," 15-18
- Kelsey, S. (2011, January-March). The Therapeutic Benefits of Play, *The Central Valley Therapist*, 6-7
- Kelsey, S. (2011, January). Curbing Enthusiasm. *Parenting OC* "Ask the Experts," 16-18
- Kelsey, S. (2010, September). Pop Star Impersonator. *Parenting OC* "Ask the Experts," 20-21
- Kelsey, S. (2010, June). Preventing a Green-eyed Toddler. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2010, April). Better Behavior. *Parenting Orange County* "Ask the Experts," 21-22
- Kelsey, S. (2009, December). Yule Schedule (quoted in). *OC Family*, 34-36
- Kelsey, S. (2009, November). Separated...With Children. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2009, September). Words for the Bully. *Parenting Orange County* "Ask the Experts," 18
- Kelsey, S. (2008, May/June). The Art of Appreciation. *Today's Woman*, 45-46
- Kelsey, S. (2008, April). Life Unplugged (quoted in). *Parenting Orange County*, 28-30
- Kelsey, S. (2008, March/April). Compromise – A Lose/Lose Proposition. *Today's Woman*, 45-46
- Kelsey, S. (2007, July). Separation Anxiety. *Parenting Orange County* "Ask the Experts," 18-19
- Kelsey, S. (2007, May). Dating...With Children. *Parenting Orange County* "Ask the Experts," 13-14
- Kelsey, S. (2005, February). Exploring Private parts. *Parenting Orange County* "Ask the Experts," 10-11

PRESENTATIONS/TRAININGS GIVEN/SCHEDULED

2023	PARENTS HELPING PARENTS The Therapeutic Power of Play for Parents
2023	SUSAN KELSEY, LMFT, RPT-S Using Directed Play Therapy in a Non-Directive Spirit
2023	SUSAN KELSEY, LMFT, RPT-S Using Sand Tray for Children in Play Therapy
2022	A BETTER WAY Developing Tools for Using Sand Tray with System-Involved Children
2022	A BETTER WAY Play Therapy Interventions: Working With Kids in Foster Care or the Juvenile Justice System
2021	CAMFT – SAN DIEGO CHAPTER Zooming With Kids: Helping Kids Heal via Telehealth and Beyond (2 hours)
2021	CAMFT – EAST BAY CHAPTER Zooming With Kids: Helping Kids Heal via Telehealth and Beyond (2 hours)
2021	CAMFT – SIERRA FOOTHILLS CHAPTER Zooming With Kids: Helping Kids Heal via Telehealth and Beyond (2 hours)
2021	EAST BAY AGENCY FOR CHILDREN, OAKLAND, CALIFORNIA Using Play Therapy to Develop Appropriate Strategies to Increase Regulation (Part 1 & Part 2)
2021	A BETTER WAY, BERKELEY, CALIFORNIA Neurobiology of Trauma & Treatment for Traumatized Children for Child Welfare Professionals
2021	A BETTER WAY, BERKELEY, CALIFORNIA The Therapeutic Power of Play: Working with Foster Children/Kids in Juvenile Justice (6 hr)
2021	A BETTER WAY, BERKELEY, CALIFORNIA The Therapeutic Power of Play: City of Fremont (6 hours)
2021	EAST BAY AGENCY FOR CHILDREN, OAKLAND, CALIFORNIA <u>Treating Traumatized Children – Part 2 (3 hours)</u>
2021	EAST BAY AGENCY FOR CHILDREN, OAKLAND, CALIFORNIA <u>Treating Traumatized Children – Part 1 (3 hours)</u>
2020	EAST BAY AGENCY FOR CHILDREN, OAKLAND, CALIFORNIA <u>Therapeutic Power of Play (6 hours)</u>
2020	EAST BAY AGENCY FOR CHILDREN, HAYWARD, CALIFORNIA <u>The Healing Power of Play (6 hours)</u>
2019	FREMONT YOUTH AND FAMILY SERVICES, FREMONT, CALIFORNIA <u>Understanding How to Incorporate Play Therapy into Work with Youth (6 hours)</u>
2019	OLIVE CREST, SANTA ANA, CA <u>Play Therapy with Traumatized Children: Neurobiology & Treatment Considerations (6 hours)</u>
2019	EAST BAY AGENCY FOR CHILDREN, HAYWARD, CALIFORNIA <u>Using Sand Tray in Play Therapy (7 hours)</u>
2019	EVERGREEN SCHOOL DISTRICT, SAN JOSE, CALIFORNIA <u>Introduction to Play Therapy (6 hours)</u>
2018	OLIVE CREST, SANTA ANA, CA <u>Play Therapy Interventions Galore! (6 hours)</u>
2018	ORANGE COUNTY CAMFT <u>How to Establish Rapport with a Child (Even a Resistant One!) (1½ hour Webinar)</u>
2018	EAST BAY AGENCY FOR CHILDREN <u>Creative Strategies for Youth in Community and School Settings (6 hours)</u>
2017	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Building a Successful Play Therapy Practice: The Nuts & Bolts</u>
2017	FREMONT PRESCHOOL MENTOR SEMINAR <u>Preschool Children’s Mental Health (2 hours)</u>
2017	SAN FRANCISCO CHAPTER OF CALIFORNIA ASSOCIATION FOR PLAY THERAPY <u>Treating Traumatized Children in Play Therapy: Neurobiology/Treatment Considerations (6 hrs)</u>

PRESENTATIONS/TRAININGS GIVEN/SCHEDULED (cont.)

- 2017 CAMFT CENTRAL SAN JOAQUIN VALLEY
The Therapeutic Power of Play (6 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA
Play Therapy Interventions Galore! (6 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Play Therapy Interventions Galore! (6 hours)
- 2017 SACRAMENTO CHAPTER OF CALIFORNIA ASSOCIATION FOR PLAY THERAPY
The Therapeutic Power of Play (1.5 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA
Child-Centered Play Therapy (6 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Child-Centered Play Therapy (6 hours)
- 2017 AUSTRALIAN ASSOCIATION FOR PLAY THERAPY, BRISBANE, AUSTRALIA
Child-Centered Play Therapy (6 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, COSTA MESA, CALIFORNIA
Introduction to Play Therapy (6 hours)
- 2017 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA
Introduction to Play Therapy (6 hours)
- 2016 CAMFT – ORANGE COUNTY CHAPTER
Children Who Survive & Thrive in Adversity: The Emerging Science of Resilience
- 2016 CHAPMAN UNIVERSITY, ORANGE, CALIFORNIA
Introduction to Play Therapy (3 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA
Treating Traumatized Children: Neurobiology & Treatment Considerations (6 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Treating Traumatized Children: Neurobiology & Treatment Considerations (6 hours)
- 2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION
Structured Play Therapy Class #2 (7 hours)
- 2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION
Structured Play Therapy Class #1 (7 hours)
- 2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION
Child-Centered Play Therapy Class #2 (7 hours)
- 2016 UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENSION
Child-Centered Play Therapy Class #1 (7 hours)
- 2016 TURNING POINT CENTER FOR FAMILIES
Introduction to Play Therapy (3 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, HYATT PLACE/FREMONT SILICON VALLEY
Play Therapy Interventions Galore! (6 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Play Therapy Interventions Galore! (6 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, FREMONT, CALIFORNIA
Child-Centered Play Therapy (6 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Child-Centered Play Therapy (6 hours)
- 2016 SUSAN KELSEY, LMFT, RPT-S, HYATT PLACE/FREMONT SILICON VALLEY
Introduction to Play Therapy
- 2016 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Introduction to Play Therapy (6 hours)
- 2015 PEPPERDINE UNIVERSITY
Introduction to Play Therapy (6 hours)
- 2015 SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA
Play Therapy Interventions Galore!

PRESENTATIONS/TRAININGS GIVEN/SCHEDULED (cont.)

2015	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Child-Centered Play Therapy</u> (6 hours)
2015	PEPPERDINE UNIVERSITY <u>Introduction to Play Therapy</u> (6 hours)
2015	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Introduction to Play Therapy</u> (6 hours)
2014	CENTRAL VALLEY CHAPTER CALAPT <u>Play Therapy Interventions Galore!</u> (6 hours)
2014	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Play Therapy Interventions Galore!</u> (6 hours)
2014	SUSAN KELSEY, LMFT, RPT-S, ORANGE COUNTY CAMFT <u>Working with Families on the Autism Spectrum</u> (3 hours)
2014	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Child-Centered Play Therapy</u> (6 hours)
2014	SUSAN KELSEY, LMFT, RPT-S, NATIONAL UNIVERSITY, COSTA MESA <u>Introduction to Play Therapy</u> (6 hours)
2013	WESTERN YOUTH SERVICES, ANAHEIM, CA <u>Play Therapy Interventions part I and II</u> (3 hours)
2012	CALIFORNIA ASSOCIATION FOR PLAY THERAPY, SO. CALIFORNIA REGIONAL CONFERENCE, ORANGE, CA. (3 hours)
2012	<hr/> <u>CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS</u> ANNUAL CONFERENCE, SAN DIEGO, CA <u>Has Therapy Gone to the Dogs? Using Animals in Psychotherapy</u> (3 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <u>Treating Traumatized Children; Neurobiology and Treatment Considerations</u> (6 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER “ <u>Play Therapy to Go</u> ” (3 hours)
2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, CENTRAL SAN JOAQUIN VALLEY CHAPTER, FRESNO, CA <u>Using Play Therapy to Reach the Soul</u> (6 hours)
2010	LIVING SUCCESS CENTER, ORANGE COUNTY, CA <u>Introduction to Play Therapy</u> (3 hours)
2010	ALTERNATIVE FAMILY SERVICES, OAKLAND, CA. <u>Play Therapy on the Go</u>
2009	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA <u>Effective Treatment of Children & Adolescents</u>
2009	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, LONG BEACH/SOUTH BAY CHAPTER <u>Play Therapy: Using Projective Strategies with Children</u>
2008	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, LOS ANGELES, CA <u>Counseling Children and Adolescents using Play Therapy</u>
2008	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA <u>Counseling Children and Adolescents using Play Therapy</u>
2007	ASSOCIATION FOR PLAY THERAPY ANNUAL CONFERENCE, L.A., CA <u>Neuroscience and Child Therapy</u>
2007	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <u>The Biological Basis of Trauma</u>

PRESENTATIONS/TRAININGS GIVEN/SCHEDULED (cont.)

2006 MARIPOSA WOMEN'S AND FAMILY CENTER, ORANGE, CA
Treating Traumatized Children

2006 PEPPERDINE UNIVERSITY, LOS ANGELES
Sand Tray Techniques for Children and Adolescents

2006 ARGOSY UNIVERSITY
Children's Groups

2005 TURNING POINT COUNSELING CENTER
Play Therapy Interventions

2005 ARGOSY UNIVERSITY
Children's Groups

2005 ARGOSY UNIVERSITY
Introduction to Play Therapy

2005 PEPPERDINE UNIVERSITY
Play Therapy: Theory and Interventions

2005 MARIPOSA WOMEN AND FAMILY CENTER, ORANGE, CA
Sand Tray Techniques

2005 LONG BEACH GUIDANCE CENTER, LONG BEACH, CA
Working with High Conflict Families

2005 ASSOCIATION FOR PLAY THERAPY/ORANGE COUNTY CHAPTER
Working with Families in High Conflict Divorce

2005 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
Working with Families in High Conflict Divorce

2004 ASSOCIATION FOR PLAY THERAPY
Play Therapy: Theory and Interventions 2004

2004 ARGOSY UNIVERSITY
Children's Groups

2003 ARGOSY UNIVERSITY
Play Therapy: Techniques and Interventions

2003 ARGOSY UNIVERSITY
Play Therapy with Children's Groups

2003 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
Play Therapy: Trusting Your Intuitions When Working With Children

2002 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
LONG BEACH/SOUTH BAY CHAPTER
Play Therapy: Techniques and Interventions

2001-2004 CALIFORNIA STATE UNIVERSITY LONG BEACH
Play Therapy: Techniques and Interventions
